



East School Breakfast and Lunch Menu December



Daily Lunch Variety Bar: Fruits & Vegetables

Monday	Tuesday	Wednesday	Thursday	Friday
2 Breakfast Round w/ Applesauce <hr/> Pizza BBQ Pork Sandwich	3 Cinnamon Toast Bar w/ Applesauce <hr/> Fish Sticks BBQ Pork Sandwich	4 Tater Tots and Toast w/ Craisins <hr/> Teriyaki Chicken and Rice BBQ Pork Sandwich	5 Frudel w/ Mixed Berries <hr/> Chicken Nuggets BBQ Pork Sandwich	6 Breakfast Pizza w/ Strawberries <hr/> PB&J
9 Churro w/ Peaches <hr/> Pizza Chicken Wrap	10 Muffin w/ Peaches <hr/> Cheesy Breadsticks w/ Tomato Soup Chicken Wrap	11 Granola Bar w/ Applesauce <hr/> Nachos Chicken Wrap	12 Bagel w/ Mixed Berries <hr/> Chicken Nuggets Chicken Wrap	13 Dutch Waffles w/ Mixed Berries <hr/> PB&J
16 Mini Cinni w/ Apple Crisps <hr/> Pizza Deli Sandwich	17 Yogurt Parfait w/ Fruit <hr/> Orange Chicken and Rice Deli Sandwich	18 French Toast w/ Mixed Berries <hr/> Spaghetti w/ Garlic Bread Deli Sandwich	19 Breakfast Stick w/ Peaches <hr/> Chicken Nuggets Deli Sandwich	20 Donuts w/ Strawberries <hr/> PB&J
23	24	25	26	27
30	31	<div style="font-size: 4em; color: red;">Happy</div> <div style="font-size: 4em; color: green;">Holidays!</div>		

MENU SUBJECT TO CHANGE WITHOUT NOTICE

This institution is an equal opportunity provider

Milk choices available for breakfast and lunch

Breakfast alternates: cereal, toast and fruit offered daily